

Van Puymbrouck: Session: 2: COACH evaluation sheet for TEAM: TSZ

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Hanssens Yash

Coaches: Guldentops Kevin

Coaches: Verluyten Philippe

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 11: 200M MEDLEY MIXED 10-9					Heat:1, starttime: 14:00
Heat: 1/2 Lane : 4 Athlete: OSSELAER VAN NIEUWENHUYZE KAIL					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 11: 200M MEDLEY MIXED 10-9					Heat:1, starttime: 14:00
Heat: 1/2 Lane : 5 Athlete: DERYCK JULIE					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 11: 200M MEDLEY MIXED 10-9					Heat:2, starttime: 14:04
Heat: 2/2 Lane : 2 Athlete: DERRE EMIEL					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Van Puymbrouck: Session: 2: COACH evaluation sheet for TEAM: TSZ

Event number: 11: 200M MEDLEY MIXED 10-9					Heat:2, starttime: 14:04
Heat: 2/2 Lane : 3 Athlete: JANSSENS MILA					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 11: 200M MEDLEY MIXED 10-9					Heat:2, starttime: 14:04
Heat: 2/2 Lane : 6 Athlete: SEGERS ZOë					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 11: 200M MEDLEY MIXED 10-9					Heat:2, starttime: 14:04
Heat: 2/2 Lane : 7 Athlete: HENDRICKX NELLE					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 12: 200M FREESTYLE MEN 11+					Heat:3, starttime: 14:27
Heat: 3/9 Lane : 4 Athlete: VANDEPUTTE WOUT					Q-time: 02:42:48
PB (50m pool): 02:42.48 Antwerpen 13/07/2025 PB (25m pool): 02:55.91 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:37.70	01:18.94	02:01.66	02:42.48	
	00:37.70	00:41.24	00:42.72	00:40.82	
					

Coach feedback:

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Event number: 12: 200M FREESTYLE MEN 11+					Heat:3, starttime: 14:27
Heat: 3/9 Lane : 5 Athlete: EVERAERT MATTHIEU					Q-time: 02:46:40
PB (50m pool): 02:46.40 Lochristi 01/02/2026					PB (25m pool): 02:51.63 SB: 02:46.40 Lochristi 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:21.69	no time	02:46.40	
	no time				
					

Coach feedback:

Event number: 12: 200M FREESTYLE MEN 11+					Heat:6, starttime: 14:37
Heat: 6/9 Lane : 4 Athlete: EL BOUJADDAYNI DAOUD					Q-time: 02:21:26
PB (50m pool): 02:21.26 Lochristi 01/02/2026					PB (25m pool): 02:20.66 SB: 02:21.26 Lochristi 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:08.35	no time	02:21.26	
	no time				
					

Coach feedback:

Event number: 12: 200M FREESTYLE MEN 11+					Heat:7, starttime: 14:40
Heat: 7/9 Lane : 8 Athlete: BOEL LIAM					Q-time: 02:18:34
PB (50m pool): 02:18.34 Antwerpen 13/07/2025					PB (25m pool): 02:16.88 SB: 02:21.30 Lochristi 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.11	01:07.59	01:43.49	02:18.34	
	00:32.11	00:35.48	00:35.90	00:34.85	
					

Coach feedback:

Event number: 12: 200M FREESTYLE MEN 11+					Heat:8, starttime: 14:43
Heat: 8/9 Lane : 1 Athlete: DE JONG STAN					Q-time: 02:11:10
PB (50m pool): 02:11.10 Lochristi 01/02/2026					PB (25m pool): 02:07.72 SB: 02:11.10 Lochristi 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:03.31	no time	02:11.10	
	no time				
					

Coach feedback:

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Event number: 12: 200M FREESTYLE MEN 11+					Heat:9, starttime: 14:45
Heat: 9/9 Lane : 3 Athlete: MICHIELS SIBE					Q-time: 02:00:65
PB (50m pool): 02:00.65 Antwerpen 08/03/2026					PB (25m pool): 01:58.86 SB: 02:00.65 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:27.88	00:58.71	01:29.66	02:00.65	
	00:27.88	00:30.83	00:30.95	00:30.99	
					

Coach feedback:

Event number: 12: 200M FREESTYLE MEN 11+					Heat:9, starttime: 14:45
Heat: 9/9 Lane : 7 Athlete: BOODTS GERBEN					Q-time: 02:03:50
PB (50m pool): 02:03.50 Antwerpen 20/04/2025					PB (25m pool): 02:03.88 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:29.19	00:59.94	01:31.88	02:03.50	
	00:29.19	00:30.75	00:31.94	00:31.62	
					

Coach feedback:

Event number: 13: 200M FREESTYLE WOMEN 11+					Heat:1, starttime: 14:49
Heat: 1/9 Lane : 5 Athlete: LALOO FÉLINE					Q-time: 99:99:99
PB (50m pool): no time					PB (25m pool): 02:54.32 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 13: 200M FREESTYLE WOMEN 11+					Heat:1, starttime: 14:49
Heat: 1/9 Lane : 7 Athlete: CAZACU ANTONIA SABINA					Q-time: 99:99:99
PB (50m pool): no time					PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

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Event number: 13: 200M FREESTYLE WOMEN 11+					Heat:2, starttime: 14:53
Heat: 2/9 Lane : 2 Athlete: HERREGODTS INA					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 13: 200M FREESTYLE WOMEN 11+					Heat:4, starttime: 15:01
Heat: 4/9 Lane : 2 Athlete: FOUBERT SANNE					Q-time: 02:57:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 13: 200M FREESTYLE WOMEN 11+					Heat:8, starttime: 15:14
Heat: 8/9 Lane : 3 Athlete: DE JONG SUZAN					Q-time: 02:23:60
PB (50m pool): 02:23.60 Lochristi 01/02/2026 PB (25m pool): 02:17.18 SB: 02:23.60 Lochristi 01/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:07.90	no time	02:23.60	
	no time				
					

Coach feedback:

Event number: 13: 200M FREESTYLE WOMEN 11+					Heat:8, starttime: 15:14
Heat: 8/9 Lane : 6 Athlete: SCHELFAUT NELL					Q-time: 02:24:49
PB (50m pool): 02:24.49 Antwerpen 20/04/2025 PB (25m pool): 02:22.15 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.70	01:11.16	01:48.42	02:24.49	
	00:33.70	00:37.46	00:37.26	00:36.07	
					

Coach feedback:

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Event number: 13: 200M FREESTYLE WOMEN 11+					Heat:9, starttime: 15:17
Heat: 9/9 Lane : 1 Athlete: VAN BUNDER AMY					Q-time: 02:20:34
PB (50m pool): 02:20.34 Eindhoven 16/03/2025					PB (25m pool): 02:15.01 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.07	01:07.84	01:44.96	02:20.34	
	00:32.07	00:35.77	00:37.12	00:35.38	
					

Coach feedback:

Event number: 13: 200M FREESTYLE WOMEN 11+					Heat:9, starttime: 15:17
Heat: 9/9 Lane : 2 Athlete: VERLUYTEN LENI					Q-time: 02:19:38
PB (50m pool): 02:18.24 Antwerpen 21/04/2024					PB (25m pool): 02:14.80 SB: 02:20.68 Luxembourg 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:18.24	
	no time				
					

Coach feedback:

Event number: 13: 200M FREESTYLE WOMEN 11+					Heat:9, starttime: 15:17
Heat: 9/9 Lane : 8 Athlete: MURAT IREM					Q-time: 02:20:41
PB (50m pool): 02:20.41 Lochristi 01/02/2026					PB (25m pool): 02:15.55 SB: 02:20.41 Lochristi 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:06.08	no time	02:20.41	
	no time				
					

Coach feedback:

Event number: 14: 200M BACKSTROKE MEN 11+					Heat:1, starttime: 15:20
Heat: 1/2 Lane : 3 Athlete: OSSELAER VAN NIEUWENHUYZE KIAN					Q-time: 99:99:99
PB (50m pool): no time					PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

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Event number: 14: 200M BACKSTROKE MEN 11+					Heat:2, starttime: 15:24
Heat: 2/2 Lane : 4 Athlete: WAELPUT THOMAS					Q-time: 02:18:33
PB (50m pool): 02:18.33 Antwerpen 27/04/2025			PB (25m pool): 02:10.77 SB: 02:20.74 Luxembourg 01/02/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.34	01:07.46	01:42.60	02:18.33	
	00:32.34	00:35.12	00:35.14	00:35.73	
					

Coach feedback:

Event number: 14: 200M BACKSTROKE MEN 11+					Heat:2, starttime: 15:24
Heat: 2/2 Lane : 7 Athlete: RENDERS KLAAS					Q-time: 02:43:47
PB (50m pool): 02:43.47 Antwerpen 20/07/2025			PB (25m pool): 02:33.23 SB: 02:43.52 Lochristi 01/02/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.46	01:19.71	02:02.84	02:43.47	
	00:38.46	00:41.25	00:43.13	00:40.63	
					

Coach feedback:

Event number: 15: 200M BACKSTROKE WOMEN 11+					Heat:1, starttime: 15:29
Heat: 1/3 Lane : 2 Athlete: GOEMINNE ELLEMIEKE					Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 15: 200M BACKSTROKE WOMEN 11+					Heat:2, starttime: 15:33
Heat: 2/3 Lane : 5 Athlete: DEBRABANDERE LEONIE					Q-time: 02:49:26
PB (50m pool): 02:49.26 Aalst 28/06/2025			PB (25m pool): 02:36.68 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.96	01:22.45	02:06.78	02:49.26	
	00:38.96	00:43.49	00:44.33	00:42.48	
					

Coach feedback:

Van Puymbrouck: Session: 2: COACH evaluation sheet for TEAM: TSZ

Event number: 15: 200M BACKSTROKE WOMEN 11+					Heat:3, starttime: 15:37
Heat: 3/3 Lane : 3 Athlete: GAUDAEN MAUD					Q-time: 02:33:25
PB (50m pool): no time					PB (25m pool): 02:33.25 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 15: 200M BACKSTROKE WOMEN 11+					Heat:3, starttime: 15:37
Heat: 3/3 Lane : 4 Athlete: STESENS EMMA-LOUISE					Q-time: 02:31:54
PB (50m pool): 02:31.54 Antwerpen 08/03/2026					PB (25m pool): 02:27.63 SB: 02:31.54 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.75	01:14.73	01:54.34	02:31.54	
	00:35.75	00:38.98	00:39.61	00:37.20	
					

Coach feedback:

Event number: 15: 200M BACKSTROKE WOMEN 11+					Heat:3, starttime: 15:37
Heat: 3/3 Lane : 5 Athlete: VERLUYTEN NIENE					Q-time: 02:32:86
PB (50m pool): 02:32.86 Antwerpen 08/03/2026					PB (25m pool): 02:28.86 SB: 02:32.86 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.26	01:13.75	01:53.68	02:32.86	
	00:35.26	00:38.49	00:39.93	00:39.18	
					

Coach feedback:

Event number: 16: 200M BREASTSTROKE MEN 11+					Heat:1, starttime: 15:41
Heat: 1/3 Lane : 2 Athlete: EL BOUJADDAYNI YAHYA					Q-time: 99:99:99
PB (50m pool): no time					PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Van Puymbrouck: Session: 2: COACH evaluation sheet for TEAM: TSZ

Event number: 16: 200M BREASTSTROKE MEN 11+					Heat:2, starttime: 15:45
Heat: 2/3 Lane : 3 Athlete: KARER MALIK					Q-time: 02:56:27
PB (50m pool): 02:56.27 Antwerpen 08/03/2026					PB (25m pool): 02:54.00 SB: 02:56.27 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:39.37	01:24.74	02:10.51	02:56.27	
	00:39.37	00:45.37	00:45.77	00:45.76	
					

Coach feedback:

Event number: 16: 200M BREASTSTROKE MEN 11+					Heat:3, starttime: 15:49
Heat: 3/3 Lane : 5 Athlete: SCIACCA LEANDRO					Q-time: 02:32:69
PB (50m pool): 02:32.69 Luxembourg 01/02/2026					PB (25m pool): 02:28.07 SB: 02:32.69 Luxembourg 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.34	01:13.24	01:52.93	02:32.69	
	00:33.34	00:39.90	00:39.69	00:39.76	
					

Coach feedback:

Event number: 18: 200M BUTTERFLY MEN 11+					Heat:1, starttime: 16:02
Heat: 1/1 Lane : 4 Athlete: SCIACCA EMILIO					Q-time: 02:39:00
PB (50m pool): 02:39.00 Antwerpen 08/03/2026					PB (25m pool): 02:39.79 SB: 02:39.00 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.85	01:15.63	01:56.70	02:39.00	
	00:34.85	00:40.78	00:41.07	00:42.30	
					

Coach feedback:

Event number: 19: 200M BUTTERFLY WOMEN 11+					Heat:1, starttime: 16:05
Heat: 1/1 Lane : 4 Athlete: VAN BUNDER INEZ					Q-time: 02:44:60
PB (50m pool): 02:44.60 Antwerpen 08/03/2026					PB (25m pool): 02:51.03 SB: 02:44.60 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.61	01:20.18	02:05.90	02:44.60	
	00:36.61	00:43.57	00:45.72	00:38.70	
					

Coach feedback:

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Event number: 20: 100M FREESTYLE MEN 11+			Heat:1, starttime: 16:24
Heat: 1/3 Lane : 3 Athlete: KARER MALIK			Q-time: 01:06:74
PB (50m pool): 01:06.74 Lochristi 01/02/2026			PB (25m pool): 01:05.91 SB: 01:06.74 Lochristi 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	01:06.74	
	no time		
			

Coach feedback:

Event number: 21: 100M FREESTYLE WOMEN 11+			Heat:1, starttime: 16:30
Heat: 1/4 Lane : 4 Athlete: GOEMINNE ELLEMIEKE			Q-time: 01:18:96
PB (50m pool): 01:18.63 Antwerpen 15/03/2026			PB (25m pool): 01:17.89 SB: 01:18.63 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:38.17	01:18.63	
	00:38.17	00:40.46	
			

Coach feedback:

Event number: 21: 100M FREESTYLE WOMEN 11+			Heat:3, starttime: 16:33
Heat: 3/4 Lane : 4 Athlete: VERLUYTEN NIENE			Q-time: 01:05:14
PB (50m pool): 01:05.14 Antwerpen 08/03/2026			PB (25m pool): 01:03.38 SB: 01:05.14 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:31.15	01:05.14	
	00:31.15	00:33.99	
			

Coach feedback:

Event number: 21: 100M FREESTYLE WOMEN 11+			Heat:3, starttime: 16:33
Heat: 3/4 Lane : 7 Athlete: SCHELFAUT NELL			Q-time: 01:07:85
PB (50m pool): 01:07.76 Antwerpen 15/03/2026			PB (25m pool): 01:06.27 SB: 01:07.76 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:32.44	01:07.76	
	00:32.44	00:35.32	
			

Coach feedback:

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Event number: 21: 100M FREESTYLE WOMEN 11+			Heat:4, starttime: 16:35
Heat: 4/4 Lane : 2 Athlete: DEBRABANDERE LEONIE			Q-time: 01:04:13
PB (50m pool): 01:04.13 Antwerpen 08/03/2026			PB (25m pool): 01:03.16 SB: 01:04.13 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:30.97	01:04.13	
	00:30.97	00:33.16	
			

Coach feedback:

Event number: 21: 100M FREESTYLE WOMEN 11+			Heat:4, starttime: 16:35
Heat: 4/4 Lane : 4 Athlete: GAUDAEN MAUD			Q-time: 01:02:15
PB (50m pool): 01:02.15 Luxembourg 01/02/2026			PB (25m pool): 01:00.51 SB: 01:02.15 Luxembourg 01/02/2026
	5 0 M	1 0 0 M	
PB	00:29.67	01:02.15	
	00:29.67	00:32.48	
			

Coach feedback:

Event number: 21: 100M FREESTYLE WOMEN 11+			Heat:4, starttime: 16:35
Heat: 4/4 Lane : 6 Athlete: STESENS EMMA-LOUISE			Q-time: 01:03:81
PB (50m pool): 01:03.81 Antwerpen 08/03/2026			PB (25m pool): 01:02.93 SB: 01:03.81 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:30.66	01:03.81	
	00:30.66	00:33.15	
			

Coach feedback:

Event number: 22: 100M BACKSTROKE MEN 11+			Heat:1, starttime: 16:37
Heat: 1/6 Lane : 4 Athlete: EVERAERT MATTHIEU			Q-time: 01:39:21
PB (50m pool): 01:39.21 Antwerpen 13/07/2025			PB (25m pool): 01:37.41 SB: 01:47.84 SportinGenk Park 11/11/2025
	5 0 M	1 0 0 M	
PB	00:47.75	01:39.21	
	00:47.75	00:51.46	
			

Coach feedback:

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Event number: 22: 100M BACKSTROKE MEN 11+			Heat:2, starttime: 16:40
Heat: 2/6 Lane : 8 Athlete: EL BOUJADDAYNI YAHYA			Q-time: 01:38:99
PB (50m pool): 01:36.78 Antwerpen 15/03/2026			PB (25m pool): 01:42.14 SB: 01:36.78 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:47.39	01:36.78	
	00:47.39	00:49.39	
			

Coach feedback:

Event number: 22: 100M BACKSTROKE MEN 11+			Heat:4, starttime: 16:45
Heat: 4/6 Lane : 2 Athlete: SCIACCA EMILIO			Q-time: 01:19:80
PB (50m pool): 01:19.80 Antwerpen 20/07/2025			PB (25m pool): 01:17.47 SB: 01:19.99 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:38.84	01:19.80	
	00:38.84	00:40.96	
			

Coach feedback:

Event number: 22: 100M BACKSTROKE MEN 11+			Heat:4, starttime: 16:45
Heat: 4/6 Lane : 5 Athlete: EL BOUJADDAYNI DAOUD			Q-time: 01:17:13
PB (50m pool): 01:17.13 Wezenberg 03/01/2026			PB (25m pool): 01:16.14 SB: 01:17.13 Wezenberg 03/01/2026
	5 0 M	1 0 0 M	
PB	00:37.90	01:17.13	
	00:37.90	00:39.23	
			

Coach feedback:

Event number: 22: 100M BACKSTROKE MEN 11+			Heat:4, starttime: 16:45
Heat: 4/6 Lane : 8 Athlete: VANDEPUTTE WOUT			Q-time: 01:20:76
PB (50m pool): 01:15.66 Antwerpen 15/03/2026			PB (25m pool): 01:19.08 SB: 01:15.66 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:37.44	01:15.66	
	00:37.44	00:38.22	
			

Coach feedback:

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Event number: 22: 100M BACKSTROKE MEN 11+			Heat:5, starttime: 16:47
Heat: 5/6 Lane : 5 Athlete: DE JONG STAN			Q-time: 01:10:85
PB (50m pool): 01:07.04 Antwerpen 15/03/2026			PB (25m pool): 01:06.71 SB: 01:07.04 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:32.53	01:07.04	
	00:32.53	00:34.51	
			

Coach feedback:

Event number: 22: 100M BACKSTROKE MEN 11+			Heat:5, starttime: 16:47
Heat: 5/6 Lane : 6 Athlete: BOEL LIAM			Q-time: 01:12:89
PB (50m pool): 01:10.81 Antwerpen 15/03/2026			PB (25m pool): 01:11.18 SB: 01:10.81 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:33.96	01:10.81	
	00:33.96	00:36.85	
			

Coach feedback:

Event number: 22: 100M BACKSTROKE MEN 11+			Heat:6, starttime: 16:50
Heat: 6/6 Lane : 4 Athlete: MICHIELS SIBE			Q-time: 01:01:53
PB (50m pool): 01:01.53 Antwerpen 08/03/2026			PB (25m pool): 01:00.40 SB: 01:01.53 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:30.01	01:01.53	
	00:30.01	00:31.52	
			

Coach feedback:

Event number: 23: 100M BACKSTROKE WOMEN 11+			Heat:2, starttime: 16:55
Heat: 2/4 Lane : 1 Athlete: CAZACU ANTONIA SABINA			Q-time: 01:35:62
PB (50m pool): 01:31.80 Antwerpen 15/03/2026			PB (25m pool): no time SB: 01:31.80 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:44.40	01:31.80	
	00:44.40	00:47.40	
			

Coach feedback:

Van Puymbrouck: Session: 2: COACH evaluation sheet for TEAM: TSZ

Event number: 23: 100M BACKSTROKE WOMEN 11+			Heat:2, starttime: 16:55
Heat: 2/4 Lane : 3 Athlete: LALOO FÉLINE			Q-time: 01:30:45
PB (50m pool): 01:30.45 Gent 08/02/2026			PB (25m pool): 01:30.85 SB: 01:30.45 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:44.46	01:30.45	
	00:44.46	00:45.99	
			

Coach feedback:

Event number: 23: 100M BACKSTROKE WOMEN 11+			Heat:4, starttime: 17:00
Heat: 4/4 Lane : 4 Athlete: VERLUYTEN LENI			Q-time: 01:07:58
PB (50m pool): 01:07.58 La Louvière 25/05/2025			PB (25m pool): 01:06.11 SB: 01:08.88 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:32.77	01:07.58	
	00:32.77	00:34.81	
			

Coach feedback:

Event number: 23: 100M BACKSTROKE WOMEN 11+			Heat:4, starttime: 17:00
Heat: 4/4 Lane : 6 Athlete: VAN BUNDER INEZ			Q-time: 01:17:24
PB (50m pool): 01:17.24 Antwerp 26/01/2025			PB (25m pool): 01:13.05 SB: no time
	5 0 M	1 0 0 M	
PB	00:38.05	01:17.24	
	00:38.05	00:39.19	
			

Coach feedback:

Event number: 24: 100M BREASTSTROKE MEN 11+			Heat:1, starttime: 17:02
Heat: 1/3 Lane : 4 Athlete: OSSELAER VAN NIEUWENHUYZE KIAN			Q-time: 01:42:65
PB (50m pool): 01:42.65 Gent 08/02/2026			PB (25m pool): 01:39.76 SB: 01:42.65 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:48.77	01:42.65	
	00:48.77	00:53.88	
			

Coach feedback:

Van Puymbrouck: Session: 2: COACH evaluation sheet for TEAM: TSZ

Event number: 25: 100M BREASTSTROKE WOMEN 11+			Heat:1, starttime: 17:09
Heat: 1/5 Lane : 2 Athlete: HERREGODTS INA			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 25: 100M BREASTSTROKE WOMEN 11+			Heat:5, starttime: 17:18
Heat: 5/5 Lane : 3 Athlete: DE JONG SUZAN			Q-time: 01:24:44
PB (50m pool): no time PB (25m pool): 01:16.02 SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 26: 100M BUTTERFLY MEN 11+			Heat:2, starttime: 17:23
Heat: 2/3 Lane : 2 Athlete: RENDERS KLAAS			Q-time: 01:21:80
PB (50m pool): 01:21.80 Wezenberg 04/01/2026 PB (25m pool): 01:19.35 SB: 01:21.80 Wezenberg 04/01/2026			
	5 0 M	1 0 0 M	
PB	00:37.35	01:21.80	
	00:37.35	00:44.45	
			

Coach feedback:

Event number: 26: 100M BUTTERFLY MEN 11+			Heat:3, starttime: 17:25
Heat: 3/3 Lane : 3 Athlete: BOODTS GERBEN			Q-time: 01:01:86
PB (50m pool): 01:00.97 Antwerpen 22/03/2026 PB (25m pool): 01:01.11 SB: 01:00.97 Antwerpen 22/03/2026			
	5 0 M	1 0 0 M	
PB	00:28.65	01:00.97	
	00:28.65	00:32.32	
			

Coach feedback:

Van Puymbrouck: Session: 2: COACH evaluation sheet for TEAM: TSZ

Event number: 26: 100M BUTTERFLY MEN 11+			Heat:3, starttime: 17:25
Heat: 3/3 Lane : 6 Athlete: WAELPUT THOMAS			Q-time: 01:02:34
PB (50m pool): 01:02.34 Mol 22/06/2025			PB (25m pool): 01:00.35 SB: 01:04.25 Wezenberg 03/01/2026
	5 0 M	1 0 0 M	
PB	00:29.28	01:02.34	
	00:29.28	00:33.06	
			

Coach feedback:

Event number: 26: 100M BUTTERFLY MEN 11+			Heat:3, starttime: 17:25
Heat: 3/3 Lane : 7 Athlete: SCIACCA LEANDRO			Q-time: 01:05:78
PB (50m pool): 01:05.78 Antwerpen 08/03/2026			PB (25m pool): 01:04.19 SB: 01:05.78 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:30.28	01:05.78	
	00:30.28	00:35.50	
			

Coach feedback:

Event number: 27: 100M BUTTERFLY WOMEN 11+			Heat:1, starttime: 17:27
Heat: 1/2 Lane : 2 Athlete: FOUBERT SANNE			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 27: 100M BUTTERFLY WOMEN 11+			Heat:2, starttime: 17:29
Heat: 2/2 Lane : 4 Athlete: VAN BUNDER AMY			Q-time: 01:08:42
PB (50m pool): 01:08.42 Antwerpen 08/03/2026			PB (25m pool): 01:06.88 SB: 01:08.42 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:31.64	01:08.42	
	00:31.64	00:36.78	
			

Coach feedback:

Van Puymbrouck: Session: 2: COACH evaluation sheet for TEAM: TSZ

Event number: 27: 100M BUTTERFLY WOMEN 11+		Heat:2, starttime: 17:29	
Heat: 2/2 Lane : 5 Athlete: MURAT IREM			Q-time: 01:08:71
PB (50m pool): 01:08.71 Antwerpen 27/07/2025		PB (25m pool): 01:07.78 SB: 01:08.89 Antwerpen 15/03/2026	
	5 0 M	1 0 0 M	
PB	00:31.54	01:08.71	
	00:31.54	00:37.17	
			

Coach feedback: